

Sleeman Swimming Centre - Site License 21/04/2025 - 7:54 PM
 2025 Australian Open Championships - 21/04/2025 to 24/04/2025

Event 9 Men 14 & Over 400 LC Metre Freestyle

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WORLD: W 3:40.07 26/07/2009PAUL BIEDERMANN, GER
 COMMONWEALTH: C 3:40.08 30/07/2002IAN THORPE, AUS
 AUSTRALIAN: A 3:40.08 30/07/2002IAN THORPE, SLC Aquadot
 ALLCOMERS: L 3:40.54 8/03/2002 IAN THORPE, SLC Aquadot
 TITLEHOLDER: 3:41.41 17/04/2024ELIJAH WINNINGTON, STPET
 SA QT: Q 3:52.33

Meet Qualifying: 4:10.70

Name	Age	Team	Prelims	Finals	FINA
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=== A Final ===

1	WINNINGTON, ELI	24	STPET	3:49.61	3:45.97Q	923
	r:+0.67	25.92	54.32 (28.40)			
			1:22.93 (28.61)	1:52.06 (29.13)		
			2:20.75 (28.69)	2:49.85 (29.10)		
			3:18.24 (28.39)	3:45.97 (27.73)		
2	GOEDEMAN, BENJ	20	STPET	3:49.47	3:47.03Q	910
	r:+0.72	26.23	55.07 (28.84)			
			1:24.20 (29.13)	1:53.31 (29.11)		
			2:22.34 (29.03)	2:51.45 (29.11)		
			3:20.04 (28.59)	3:47.03 (26.99)		
3	GALEA, MATTHEW	23	SOSC	3:54.09	3:51.42Q	859
	r:+0.66	26.56	55.30 (28.74)			
			1:24.71 (29.41)	1:53.89 (29.18)		
			2:23.20 (29.31)	2:52.45 (29.25)		
			3:22.25 (29.80)	3:51.42 (29.17)		
4	SZYMANSKI, JOHA	20	HLDR	3:54.84	3:52.67	846
	r:+0.69	26.79	56.05 (29.26)			
			1:25.31 (29.26)	1:54.86 (29.55)		
			2:24.06 (29.20)	2:54.18 (30.12)		
			3:24.01 (29.83)	3:52.67 (28.66)		
5	SMITH, BRENDON	24	STPET	3:57.06	3:55.39	817
	r:+0.71	27.13	56.64 (29.51)			
			1:26.49 (29.85)	1:56.94 (30.45)		
			2:27.34 (30.40)	2:57.73 (30.39)		
			3:27.18 (29.45)	3:55.39 (28.21)		
6	LANE, TOMMY	19	CTM	3:55.25	3:55.45	816
	r:+0.69	27.44	56.80 (29.36)			
			1:26.54 (29.74)	1:56.81 (30.27)		
			2:26.98 (30.17)	2:57.13 (30.15)		
			3:27.57 (30.44)	3:55.45 (27.88)		
7	BLADEN, CAMERON	24	TGSH	3:55.79	3:56.55	805
	r:+0.66	26.77	56.35 (29.58)			
			1:26.25 (29.90)	1:56.21 (29.96)		
			2:26.48 (30.27)	2:57.41 (30.93)		
			3:27.68 (30.27)	3:56.55 (28.87)		
7	KAMPRAD, NOAH	20	BOND	3:54.53	3:56.55	805
	r:+0.71	26.50	55.67 (29.17)			
			1:25.31 (29.64)	1:55.83 (30.52)		
			2:25.72 (29.89)	2:56.00 (30.28)		
			3:27.72 (31.72)	3:56.55 (28.83)		
9	GOYEN, JACK	20	MARIS	3:57.83	3:58.49	785
	r:+0.67	26.91	56.54 (29.63)			
			1:26.94 (30.40)	1:57.44 (30.50)		
			2:27.96 (30.52)	2:58.64 (30.68)		
			3:29.14 (30.50)	3:58.49 (29.35)		
10	DA SILVA, MARCU	18	CRAN	3:58.33	3:58.60	784
	r:+0.67	26.37	55.50 (29.13)			
			1:25.79 (30.29)	1:56.31 (30.52)		
			2:26.95 (30.64)	2:57.93 (30.98)		
			3:28.53 (30.60)	3:58.60 (30.07)		

=== Age Final ===

11	BENNION, JYE	19	NCOLL	4:00.48	3:57.39	796
	r:+0.71	27.41	57.42 (30.01)			
			1:27.14 (29.72)		1:57.25 (30.11)	
			2:27.40 (30.15)		2:58.13 (30.73)	
			3:28.74 (30.61)		3:57.39 (28.65)	
12	LARKE, HARVEY	19	TSS	4:00.17	3:58.06	789
	r:+0.73	27.31	56.84 (29.53)			
			1:26.65 (29.81)		1:57.13 (30.48)	
			2:27.67 (30.54)		2:58.45 (30.78)	
			3:28.76 (30.31)		3:58.06 (29.30)	
13	HIGGS, LUKE	17	WASC	3:59.86	3:58.72	783
	r:+0.71	27.93	57.99 (30.06)			
			1:28.77 (30.78)		1:59.60 (30.83)	
			2:29.27 (29.67)		2:59.51 (30.24)	
			3:29.57 (30.06)		3:58.72 (29.15)	
14	WILCZAK, GABRIE	20	GUSC	3:58.72	3:59.77	773
	r:+0.71	27.60	57.54 (29.94)			
			1:27.92 (30.38)		1:58.33 (30.41)	
			2:28.99 (30.66)		2:59.60 (30.61)	
			3:30.37 (30.77)		3:59.77 (29.40)	
15	SMITH, JAMES	19	DAR	4:00.32	4:03.15	741
	r:+0.72	27.97	58.62 (30.65)			
			1:29.63 (31.01)		2:01.12 (31.49)	
			2:32.31 (31.19)		3:03.36 (31.05)	
			3:33.95 (30.59)		4:03.15 (29.20)	
16	TAYLOR, KYLE	19	ROCKC	4:05.52	4:05.20	722
	r:+0.68	27.78	58.37 (30.59)			
			1:29.51 (31.14)		2:00.87 (31.36)	
			2:32.26 (31.39)		3:03.89 (31.63)	
			3:35.21 (31.32)		4:05.20 (29.99)	
17	HAMBLYN-OUGH (V	19	NZL	4:03.52	4:05.29	722
	r:+0.74	27.90	58.47 (30.57)			
			1:29.21 (30.74)		2:00.55 (31.34)	
			2:31.50 (30.95)		3:03.22 (31.72)	
			3:35.04 (31.82)		4:05.29 (30.25)	
18	WILLIAMS, NATHA	17	CMBT	4:05.93	4:05.78	717
	r:+0.73	28.26	59.06 (30.80)			
			1:30.24 (31.18)		2:01.10 (30.86)	
			2:32.11 (31.01)		3:03.23 (31.12)	
			3:34.62 (31.39)		4:05.78 (31.16)	
19	KUSS, LACHLAN	18	ROCKC	4:04.52	4:16.11	634
	r:+0.64	27.97	59.14 (31.17)			
			1:31.07 (31.93)		2:03.74 (32.67)	
			2:36.54 (32.80)		3:09.74 (33.20)	
			3:43.25 (33.51)		4:16.11 (32.86)	